



# Tools For Action

An inventory of nutrition and physical activity interventions in Wisconsin

Program Name

## Healthiest Racine-2008 Nutrition and Physical Activity Taskforce

### Contact Information

<b>Main Contact Person</b> Lori Vavrek
<b>Title of Main Contact</b> Registered Dietitian
<b>Agency Affiliation of Contact</b> Racine Health Department
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### Program Information

<b>Type of Program</b> Coalition
<b>Year Coalition was Formed</b> 2004
<b>Primary program focus</b> Both Physical Activity & Nutrition
<b>Region</b> Southeastern
<b>County</b> Racine
<b>Coalition Web Site Address</b>

### Program Information

<b>Represented Groups on Coalition</b> Business Community Faith-Based Government Health Care Health Dept Schools UW-EX WIC	<b>Represented Professions on Coalition</b> Business Child Care Citizen Rep Dietitian Exercise Specialist Other
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A Wisconsin Nutrition and Physical Activity Program



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Intervention Name

## Engage The Community In Promoting Health And Exercise For All Ages

### Intervention Information

<b>Type of Intervention:</b> Physical Activity Resources
<b>Focus Area:</b> General Physical Activity
<b>Intervention Site or Setting:</b> Community
<b>Scope of Intervention:</b> County
<b>Target Audience:</b> All races, genders and ages
<b>Total Population in Area Served:</b> 87,000
<b>Number of Participants:</b> Unknown
<b>Implementation Status:</b> On-going

<b>Partners:</b>
<b>Unique Funding:</b>
<b>Evaluation:</b> Units Provided Impact on Behavior
<b>Evidence-Based or Best Practice based on</b>

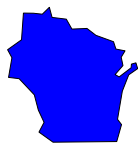
### Products Developed or Materials Used:

Developing a listing of public and private exercise facilities and outdoor activities that will be printed and distributed and also be available on the Racine city website, All Saints Healthcare website, and YMCA of Racine website.

### Intervention Description:

Intervention was developed as a goal from a community health priority of reducing overweight, obesity, and lack of physical activity

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## Intervention Name Community Nutrition Assessment

### Intervention Information

<b>Type of Intervention:</b> Nutrition Resources
<b>Focus Area:</b> General Nutrition
<b>Intervention Site or Setting:</b> School
<b>Scope of Intervention:</b> School
<b>Target Audience:</b> All races and genders Ages 12-19
<b>Total Population in Area Served:</b> 10000
<b>Number of Participants:</b> 200
<b>Implementation Status:</b> One-time

<b>Partners:</b>
<b>Unique Funding:</b> MCH grant
<b>Evaluation:</b> Service data and survey – One-time
<b>Evidence-Based or Best Practice based on</b> Bright futures in practice-nutrition used as template

**Products Developed or Materials Used:**  
Survey

**Intervention Description:**  
Survey was done with 200 middle school students to serve as baseline data

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Intervention Name

## Healthy Snack Foods Will Be Available In The Schools

### Intervention Information

<b>Type of Intervention:</b> Nutrition Policy
<b>Focus Area:</b> Vending
<b>Intervention Site or Setting:</b> School
<b>Scope of Intervention:</b> School
<b>Target Audience:</b> All races and genders Ages 5-11, 12-19
<b>Total Population in Area Served:</b> 20,000
<b>Number of Participants:</b> Unknown
<b>Implementation Status:</b> On-going

**Partners:**

**Unique Funding:**

**Evaluation:**

Impact on Behavior

**Evidence-Based or Best Practice based on**

**Products Developed or Materials Used:**

None

**Intervention Description:**

Working with school district to define terms of pepsi contract and make adjustments in the product mix of items available in vending machines.

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